

# W.S.C.S NEWS

JANUARY 2011

## Cancellation of After School Activities

During the winter months, it may become necessary to cancel after school activities due to inclement weather conditions. Whenever the weather forecast calls for deteriorating conditions, parents should expect that after school activities will be cancelled. You should listen to the three local television stations or the following radio stations for confirmations:

**WABI 9.10 AM; WKSQ 94.5 FM; or Q106.5 FM.** Parents can also check the Bangor website.

When severe conditions are present, the decision to cancel will be made by 11 a.m. If uncertain conditions are present, the decision may be postponed until 1 p.m.



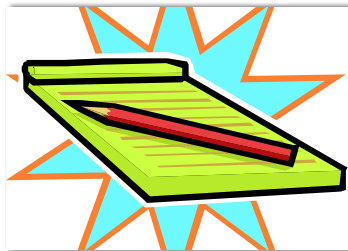
**LOST ITEMS:** Please remind your children to check in the main office or the Lost & Found for any clothing or lost items. We seem to be accumulating many items. Thank you.



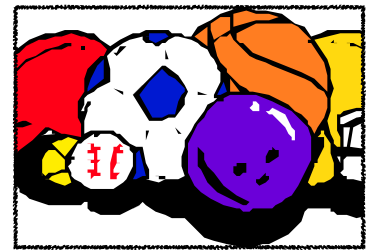
## Nurse's Notes: Jackie Ireland, RN

**Tips for a Healthy Winter.** Some tips for staying healthy and decreasing your risk of illness during the winter months include washing your hands frequently, covering your nose and mouth when coughing or sneezing (try to cough or sneeze into your elbow), using disposable tissues, getting a flu shot, and getting plenty of sleep. Also, be sure to keep yourself

hydrated by drinking plenty of fluids. This will help prevent fatigue, headaches, dry nasal passages, and dry cracked lips. Make healthy food choices and stay active. Regular exercise will help your immune system stay strong. Have a healthy, happy, and safe holiday season.



**HONOR ROLL:** Congratulations to all students who earned special academic recognition by making the WSCS Honor Roll.



**BOOSTER CLUB NEWS:** Boosters will meet on the following dates: Monday, January 3rd - 6:30 in WSCS Library.

## WSCS Has Security Cameras

Consistent with the commitment of the Bangor School Department to provide for the safety and the security of students, staff and faculty, security cameras and monitors have been installed recently at both the William S. Cohen School and the James F. Doughty School. Cameras and monitors had been installed previously at Bangor High School. Regularly the BSD reviews safety and security plans in each of the schools and institutes appropriate measures designed to support the safety and security of all BSD schoolhouses. The installation of cameras and monitors responds to a review of the safety plans.

## Student Council News:

Student Council has developed a WISH LIST based on requests from staff members. We feel that some of these items could be "gently used" rather than purchasing new. We are looking for some board games, appropriate for middle schoolers, to be used in the Activity Room after school. Also, we have requests for chess games, and Guinness Book of World Records, or other books similar that can be read by

students at down times in study hall or after school. These would be kept in some of the reading and/or English classrooms. If you have any of these items please call the school and leave a message for Mrs. Krautkremer or Mrs. Lajoie.

Other SC News: The first dance was held on December 3rd. Students found that they have something in common with many staff members, and their

parents. The last dance is still "Stairway to Heaven". We guess some songs are timeless! We are planning our next fundraiser.

## TAKE THE CHALLENGE



Students are encouraged to participate in 60 minutes of physical activity per day and log it into the program. They are trying to earn the President's Active Lifestyle Award. Ask your child what their plan is for the day.

\* This winter, students and staff at WSCS are participating in the Presidents Challenge. This is an online program that tracks each student's daily physical activity.



### CONCESSIONS:

DON'T FORGET THE STUDENT COUNCIL AND THE WSCS BOOSTER CLUB IS SELLING CONCESSIONS AT THE BASKETBALL GAMES.

PIZZA, POPCORN, BAKED GOODS AND MUCH MORE



### ATTENTION PARENTS:

Looking for directions, cancellations, etc., during winter sports season, you can get that information right on the

Bangor website:

Bangorschools.net

## WINTER SPORTS SEASON

### Mark Your Calendar

January 3rd - Return to school.

January 17th - Martin Luther King Day - No School

January 21st - 2nd Quarter Ranking Period Ends

February 14-18 - Winter Vacation

## **Let's Moodle!**

**Submitted by Paula Maxim**

Moodle is a Course Management System (CMS) that adds technology from the web to educational courses. Moodle can deliver online courses and supplement a student's traditional face-to-face class. Over 30,000 organizations in education are using this free Web based program.

Moodle can be downloaded and installed from <http://www.moodle.org>.

Reading students with Ms. Paula Maxim have been busy learning to use Moodle, a dynamic online learning application. Moodle gives students and teachers various web-based tools for a wide variety of applications, such as forums, messaging, links to supporting information and blogs.

In support of the novels being read, Ms. Maxim uploaded photo files and extra information to support class work.

Each day, students logged into Moodle as a means to communicate outside of the classroom.

In class, students were involved in blogs about what was happening in their books! This lively Moodle activity allowed all students to discuss the literature read. Students posted their own ideas as well as responded to many other students.

Ms. Maxim also received some additional training from Martha Thibodeau, who is involved in the MLTI project. Moodle involves many applications and is a constant learning process for all involved.

Moodle has been a positive influence in Ms. Maxim's reading classes. She and her students look forward to learning more of the program's applications as they delve into literature during this school year.