



FEBRUARY '12



BANGOR SCHOOL DEPARTMENT
WS COHEN LUNCH MENU

Choice of whole, lowfat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 WG Pancakes w/Syrup Sausage Patty Hash Brown Potato Patty Fresh Fruit	31 Chicken Nuggets Mashed Potatoes Wheat Breadstick Broccoli Applesauce	1 Cheeseburger on a WG Bun Chicken Patty on a Bun Spinach Salad Seasoned WG Pasta Peaches	2 Ham & Cheese on a WG Bun Fishburger Tortilla Rounds Carrots w/ Hummus Dip Fresh Apple	3 Italian Dunker Sticks w/ Dipping Sauce Whole Kernal Corn Pineapple
6 Hot Dog on a WG Roll Vegetarian Beans Celery w/ Dip Pears	7 Spaghetti with Meatsauce Wheat Breadstick Broccoli Strawberries	8 Deli Turkey & Cheese on WG Bun Tuna on a Bun Carrots w/ Dip Fruit Cocktail February Birthday Cake	9 Meatball Sandwich Butternut Squash Potato Wedges Pineapple	10 Cheese Pizza Square Whole Kernal Corn Pretzels Orange Wedges
13 Chicken Patty on WG Bun Green Peas Sweet Potato Puffs Peaches	14 Chicken Nuggets Brown Rice Wheat Roll Broccoli Applesauce	15 Grilled Cheese Sandwich Sunflower Butter & Jelly Sand Tomato Soup Carrots w/ Dip Applecrisp w/Topping	16 Cheeseburger on WG Bun Oven Baked Fries Green Beans Pineapple	17 Cheese Pizza Square Whole Kernal Corn Pretzels Fresh Apple
20 Holiday	21 Winter Holiday	22 Winter Holiday	23 Winter Holiday	24 Winter Holiday
27 WG Pancakes and Ham Hash Brown Potato Patty Apple Juice Fresh Apple	28 Chicken Nuggets Wheat Breadstick Seasoned WG Pasta Broccoli/Applesauce	29 Spaghetti w/Meatballs Wheat Roll Tossed Green Salad Peaches	1 Dip a Taco w/Meatsauce Cheese, Lettuce & Tomatoes Beans and Rice Corn/Pineapple	2 Italian Dunker Sticks w/ Dipping Sauce Fresh Broccoli & Dip Orange Wedges