



SEPTEMBER '10

BANGOR SCHOOL DEPT. ELEMENTARY LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30-Aug	30	1-Sep	2	3
		Hot Dog on Roll Vegetarian Beans Cucumbers w/Dip Brownie (no nuts)	Chicken Nuggets Fluffy Rice Greenbeans Breadsticks Applesauce	Pizza Square w/Pepperoni W.K. Corn Pretzels Fresh Fruit
HOLIDAY	7	8	9	10
	Cheeseburger Oven Baked Wedges Tomato & Lettuce Peaches	Grilled Cheese Sandwich Tomato Soup Veggie Sticks w/Dip Apple crisp	Dip a Taco w/Meatsauce, Cheese, Lettuce & Tomato White Rice Greenbeans Pineapple	Italian Dunkers (Breadsticks Topped w/ Cheese & Sauce Dip) WK Corn Fresh Fruit
13	14	Maine Harvest Day* 15	16	17
Meatball Sub w/Cheese Seasoned Pasta Broccoli Applesauce	Ravioli Greenbeans Breadstick Pears	Chicken Tenders School-made Roll Oven Maine Potato Wedges Maine Apples	Chicken Patty Lettuce & Tomato Oven Baked Fries Peaches	Pizza Square w/Pepperoni WK Corn Pretzels Fresh Fruit
20	21	22	23	24
French Toast Apple Juice Sausage Patty Hash Brown Fruit	Chicken Fajita in a Tortilla w/Cheese Tomato & Lettuce Fluffy Rice Peaches	Spaghetti (with or without) Meatsauce Tossed Salad Breadstick Pineapple	Ham & Cheese Italian Peppers, Tomato, Pickles Oven Potato Wedges September Birthday Cake	Teacher's Inservice
27	28	29	30	1
Ravioli Wheat Breadstick Green Beans Pears	Chicken Patty Potato Puffs Cucumber w/Dip Fruit Cocktail	Hamburger Oven Baked Fries Tomato & Lettuce Mandarine Oranges	Chicken Nuggets School-made Roll Rice Pilaf Peas Applesauce	Pizza Square w/Pepperoni W.K. Corn Pretzels Fresh Fruit

*Products served today are made and/or manufactured in Maine. As always our milk is from Maine.

BREAKFAST* PROGRAM

BREAKFAST PRICES: *DAILY*

Full Price: 1.00
Reduced Price: no charge for 10/11

Available daily at: BHS, WS Cohen, JF Doughty, Fairmount, 14th St., Fruit, Downeast, Abe Lincoln Mary Snow and Vine St.
All students are eligible and encouraged to participate at breakfast.

LUNCH PROGRAM

LUNCH PRICES: *DAILY*

Full Price:
Grades K-5 \$1.90
Grades 6-8 \$2.15
Grades 9-12 \$2.30
Reduced Price:
Grades K-12 .40

**\$20 fee may be
charged for any
returned check!**

MONDAY IS
LUNCH MONEY COLLECTION DAY!

A LA CARTE MILK

MILK ONLY PRICES: *DAILY*

White Milk (Whole, lowfat) .55
Chocolate & Strawberry .55

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

SEND TO SCHOOL IMMEDIATELY

FREE MEAL ELIGIBILITY LETTERS FROM DEPT. OF HUMAN SERVICES