



2018 BANGOR SCHOOL DEPARTMENT BHS LUNCH MENU

Choice of chocolate, low fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Big Daddy Pizza Corn Pretzels Apple <i>CinniMini (Breakfast)</i>	5 Hot Dog on a Bun Oven Baked Fries Coleslaw/Vegetarian Beans Fruit <i>Breakfast Taco (Breakfast)</i>	6 Chicken Fajita Ham & Cheese Wrap Lettuce and Tomato Carrots w/Dip Applesauce <i>Pancakes (Breakfast)</i>	7 Cheeseburger Oven Baked Wedges Broccoli Pears <i>Mini Bagel (Breakfast)</i>	8 Sandwich Bar Lettuce & Tomato Tortilla Rounds w/Salsa Cucumber <i>Breakfast Bun (Breakfast)</i>
11 Chicken Tenders Rice Pilaf/Dinner Roll Broccoli Applesauce <i>CinniMini (Breakfast)</i>	12 Meatball Sub w/Cheese Vegetarian Beans Oven Baked Fries Green Beans/Diced Peaches <i>Tornado (Breakfast)</i>	13 Cook's Choice Vegetables Fruit <i>Sausage Stick (Breakfast)</i>	14 Cook's Choice Vegetables Fruit <i>Breakfast Pizza (Breakfast)</i>	EXAMS 15 Pizza and Sandwich Choices Assorted Vegetables & Fruit <i>Breakfast Bun (Breakfast)</i>
EXAMS 18 Pizza and Sandwich Choices Assorted Vegetables & Fruit Breakfast Available	EXAMS 19 Pizza and Sandwich Choices Assorted Vegetables & Fruit Breakfast Available	EXAMS 20 Pizza and Sandwich Choices Assorted Vegetables & Fruit Breakfast Available		

Substitutes for school kitchens are needed to work for the 2018-19 school year. Any parent looking for part-time work this fall should contact the Superintendent's Office in August to request an application. Please call 992-4152. Substituting is an "on call" position with work hours generally between the hours of 9:00 a.m. and 1:30 p.m.

During the last two weeks of school all meals need to be paid in advance.

