

September '18

BANGOR SCHOOL DEPT.

WS COHEN LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day	4 Hot Dog on a Bun Vegetarian Beans Broccoli w/Dip Fruit Cocktail	5 Chicken Nuggets Rice Pilaf Cooked Carrots Breadstick Applesauce	6 Cheeseburger Oven Baked Fries Lettuce & Tomato Slice Peaches	7 Ravioli Whole Kernel Corn Wheat Roll Fresh Fruit
10 Egg, Cheese & Ham on English Muffin Hash Brown Fruit	11 Spaghetti with Meatsauce Seasoned Chick Peas School-made Roll Fruit Cocktail	12 Cereal and Yogurt Cup Carrots w/Sunbutter Dip Bananas Animal Crackers	13 Popcorn Chicken Cheese Pretzel Broccoli Applesauce	14 Pizza Square w/Pepperoni Green Beans Pretzels Fresh Fruit
17 Chicken Patty Seasoned Pasta Broccoli Pears	18 Corn Dogs Carrot Sticks w/Dip Vegetarian Beans Pineapple	19 Maine Harvest Day* Shredded Steak Sandwich Sliced Cucumbers Smashed Potatoes Maine Apples	20 Deli Turkey & Cheese Tuna on a Bun Lettuce and Tomato Peaches Chocolate Cake w/Sprinkles	21 Italian Dunkers (Breadsticks w/ Cheese and Spaghetti Sauce) Corn Fresh Fruit
24 Egg, Cheese & Ham on English Muffin Hash Brown Fruit	25 Chicken Nuggets Rice Pilaf Broccoli Breadstick Applesauce	26 Cheeseburger Vegetarian Beans Lettuce and Tomato Slice Fruit Cocktail	27 Chicken Drumstick Cheese Breadstick Carrots & Dip Pears	28 Meatball Sub Whole Kernel Corn Pretzels Fresh Fruit

BREAKFAST* PROGRAM

BREAKFAST PRICES:

DAILY

Full Price:

1.45

Reduced Price:

no charge

All students are eligible and encouraged to participate at breakfast.

LUNCH PROGRAM

LUNCH PRICES:

DAILY

Full Price:

Grades K-5

\$2.40

Grades 6-8

\$2.65

Grades 9-12

\$2.80

Reduced Price:

Grades K-12

.40

\$20 fee may be charged for any returned check!

MONDAY IS

LUNCH MONEY COLLECTION DAY!

A LA CARTE MILK

MILK ONLY PRICES:

DAILY

White Milk(lowfat or skim)

.65

Chocolate & Straw Milk

.65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

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