



FEBRUARY '19



BANGOR SCHOOL DEPARTMENT  
WS COHEN LUNCH MENU

Choice of whole, low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Grilled Chicken on a Bun Broccoli Potato Wedges Diced Peaches	5 Cheeseburger Vegetarian Beans Carrots w/Dip Fruit Cocktail	6 Meatball Sub w/Cheese Seasoned Pasta Green Peas Applesauce	7 Grilled Cheese Sandwich Tomato Soup Celery w/Dip Apple crisp w/Topping	8 Italian Dunkers w/Dipping Sauce WK Corn Fresh Fruit
11 Egg, Ham & Cheese on a English Muffin Apple Juice Pineapple	12 Chicken Drumstick Cheese Filled Breadstick Carrots w/Dip Diced Peaches	13 Cereal & Yogurt Salad Meal Celery w/Sun butter Animal Crackers Applesauce Cups	14 Hot Dog on a WG Roll Vegetarian Beans Diced Pears Chocolate Cake w/Sprinkles	15 Pizza Square Pretzels Broccoli Fresh Fruit
18 Holiday	19 Winter Holiday	20 Winter Holiday	21 Winter Holiday	22 Winter Holiday
25 Chicken Nuggets w/Sweet&Sour Rice Pilaf/Dinner Roll Broccoli Applesauce	26 Ravioli Whole Kernal Corn Breadstick Fresh Fruit	27 Spaghetti w/Meat sauce Whole Wheat Roll Carrots with Dip Pineapple	28 Dip a Taco w/Meat sauce Cheese, Lettuce & Tomatoes Refried Beans Spanish Rice Diced Peaches	1 Fish Sticks Macaroni & Cheese Green Beans Fruit Cocktail

Lunch Prices: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. Online payment is available at [myschoolbucks.com](https://myschoolbucks.com)

This institution is an equal opportunity provider.