



2018 BANGOR SCHOOL DEPARTMENT WS COHEN LUNCH MENU

Choice of chocolate, low fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Egg, Cheese & Sausage on an English Muffin Hash Brown Potato Pears	5 Grilled Cheese/Tuna Tomato Soup Carrots with Dip Fruit crisp w/Topping	6 Chicken Nuggets Rice Pilaf/Broccoli Breadstick Applesauce	7 Turkey and Cheese on a Bun Seasoned Chick Peas Celery and Dip Pears	8 Pizza Square W.K. Corn Pretzels Fruit
11 Hot Dog on a Bun Vegetarian Beans Coleslaw Pineapple	12 Spaghetti with Meat sauce Wheat Roll Carrots and Dip Peaches	13 Fajita Chicken, Cheese, Lettuce, Tomato & Salsa Rice Pears Chocolate Cake w/Sprinkles	14 Chicken Patty on a Bun Tortilla Rounds w/Salsa Broccoli Mandarin Oranges	15 Italian Dunkers Breadsticks w/ Topped Cheese & Spaghetti Sauce Dip) W.K. Corn/Fresh Fruit
18 Hot Sandwich Seasoned Pasta Carrots with Dip Fruit Cocktail	19 Tuna on a Bun Oven Baked Wedges Broccoli Fruit Bar	20 Cold Sandwich Veggies Watermelon		20

Substitutes for school kitchens are needed to work for the 2018-19 school year. Any parent looking for part-time work this fall should contact the Superintendent's Office in August to request an application. Please call 992-4152.

Substituting is an "on call" position with work hours generally between the hours of 9:00 a.m. and 1:30 p.m.

During the last two weeks of school all meals need to be paid in advance.

