



FEBRUARY '19



BANGOR SCHOOL DEPARTMENT
JF DOUGHTY LUNCH MENU

Choice of whole, low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Patty on a Bun Broccoli Potato Wedges Diced Peaches	5 Cheeseburger/Hamburger Vegetarian Beans Carrots w/Dip Fruit Cocktail	6 Meatball Sub w/Cheese Seasoned Pasta Celery w/Dip Applesauce	7 Grilled Cheese Sandwich Tomato Soup Green Peas Apple crisp w/Topping	8 Italian Dunkers w/Dipping Sauce WK Corn Fresh Fruit
11 Egg, Ham & Cheese on a English Muffin Apple Juice Pineapple	12 Chicken Drumstick Cheese Filled Breadstick Carrots w/Dip Diced Peaches	13 Spaghetti w/Meat sauce Whole Wheat Roll Carrots with Dip Pineapple	14 Hot Dog on a WG Roll Vegetarian Beans Diced Pears Chocolate Cupcake w/Sprinkles	15 Pizza Square Pretzels Broccoli Fresh Fruit
18 Holiday	19 Winter Holiday	20 Winter Holiday	21 Winter Holiday	22 Winter Holiday
25 Chicken Nuggets w/Sweet&Sour Rice Pilaf/Dinner Roll Broccoli Applesauce	26 Ravioli Whole Kernal Corn Breadstick Fresh Fruit	27 Cereal or Pancakes & Yogurt Celery w/Sun butter Animal Crackers Applesauce Cups	28 Dip a Taco w/Meat sauce Cheese, Lettuce & Tomatoes Refried Beans Spanish Rice Diced Peaches	1 Hamburger/Cheeseburger Macaroni & Cheese Green Beans Fruit Cocktail

Lunch Prices: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. Online payment is available at myschoolbucks.com

This institution is an equal opportunity provider.