

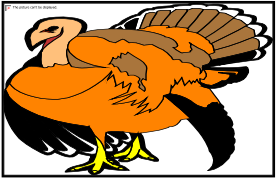
November

BANGOR SCHOOL DEPT

JF DOUGHTY LUNCH MENU

Choice of low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p>Hot Dog on a Roll Vegetarian Beans Cooked Carrots/Mac & Cheese Mandarin Oranges</p>	<p>6</p> <p>Deli Ham & Cheese on a Bun Egg Salad/Potato Wedges Broccoli Fruit Cocktail</p>	<p>7</p> <p>Cereal and Yogurt Cup/Pancakes Celery with Sun butter Dip Banana Animal Crackers</p>	<p>8</p> <p>Fajita Chicken w/ Onions and Peppers WG Rice/Corn Pineapple</p>	<p>9</p> <p>Pizza Square Green Beans Pretzels Fresh Fruit</p>
<p>12</p> <p>Veteran's Day</p>	<p>13</p> <p>Cheeseburger on a Bun Carrots with Dip Vegetarian Beans Mandarin Oranges</p>	<p>14</p> <p>Chicken Nuggets Dinner Roll WG Rice/Broccoli Applesauce</p>	<p>15</p> <p>Turkey Roast Whipped Pot/Squash Stuffing/Cranberry Sauce Wheat Roll/Fruit Mix</p>	<p>16</p> <p>Ravioli Whole Kernel Corn Dinner Roll Fresh Fruit</p>
<p>19</p> <p>Parent Conferences</p>	<p>20</p> <p>Parent Conferences</p>	<p>21</p> <p>Thanksgiving Break</p>	<p>22</p> <p></p>	<p>23</p> <p>Thanksgiving Break</p>
<p>26</p> <p>Mini Pancakes Apple Juice Sliced Ham Hash Brown/Fruit</p>	<p>27</p> <p>Meatball Sandwich Baked Potato Puffs Green Beans Pears</p>	<p>28</p> <p>Chicken Patty on a Bun Seasoned Pasta Broccoli Peaches</p>	<p>29</p> <p>Corn Dog Cooked Carrots Vegetarian Beans Raisins/Chocolate Cake</p>	<p>30</p> <p>Italian Dunkers (Breadsticks w/ Cheese and Spaghetti Sauce) Corn/Fresh Fruit</p>

Lunch Prices are: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. This institution is an equal opportunity employer.

