



March 2018

BANGOR SCHOOL DEPARTMENT

National Nutrition Month

ELEMENTARY LUNCH MENU

Choice of chocolate, low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p>Chicken Patty on a Bun Green Beans Potato Wedges(Potassium Rich) Diced Peaches</p>	<p>6</p> <p>Corn Dog Vegetarian Beans(High Fiber) Green Peas Diced Pears</p>	<p>7</p> <p>Chicken Nuggets Breadstick (High Fiber) Seasoned Pasta Broccoli Applesauce</p>	<p>8</p> <p>Grilled Cheese Sandwich Tomato Soup (Vitamin C) Carrots w/Dressing Applecrisp w/Topping</p>	<p>9</p> <p>Italian Dunkers w/Dipping Sauce Corn (High Fiber) Fresh Fruit</p>
<p>12</p> <p>French Toast & Ham Hash Brown Orange Juice (Folic Acid) Diced Peaches</p>	<p>13</p> <p>Dip a Taco w/ Meat, Cheese Lettuce, Tomato & Salsa Refried Beans (High Fiber) Pineapple</p>	<p>14</p> <p>Cereal & Yogurt (High Calcium) Celery w/Sunbutter Animal Crackers Applesauce Cup</p>	<p>15</p> <p>Hot Chicken Sandwich Mashed Potato(Potassium Rich) Broccoli Fruit Cocktail</p>	<p>16</p> <p>Pizza Square w/Pepperoni Carrots(Vit A) Pretzels Fresh Fruit</p>
<p>19</p> <p>Cheeseburger(Protein) Oven Baked Fries Green Peas Pineapple</p>	<p>20</p> <p>Chicken Nuggets Rice Pilaf Broccoli (Nutrient Rich) Breadstick Applesauce</p>	<p>21</p> <p>Turkey & Cheese on a WG Roll Oven Baked Wedges Celery w/Dressing (Vit K) Fruit Cocktail Chocolate Cake w/Sprinkles</p>	<p>22</p> <p>Hot Dog on WG Roll Carrots w/Dressing (Vit A) Vegetarian Beans Fruit Mix</p>	<p>23</p> <p>Pizza Square Corn (High Fiber) Tortilla Rounds w/Salsa(VitA) Fresh Fruit</p>
<p>26</p> <p>Mini Pancakes & Ham Hash Brown Apple Juice Diced Peaches(Potassium Rich)</p>	<p>27</p> <p>Chicken Drumstick(Protein) Cheese Breadstick Carrots w/Dip Diced Pears</p>	<p>28</p> <p>Spaghetti with Meat sauce Wheat Roll Green Beans Pineapple (Vitamin C)</p>	<p>29</p> <p>Chicken Patty on a Bun Broccoli (Nutrient Rich) Vegetarian Beans Fruit Cocktail</p>	<p>30</p> <p>Pizza Square w/Pepperoni Corn (High Fiber) Pretzels Fresh Fruit</p>

Lunch Prices: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. Online payment is available at myschoolbucks.com

This institution is an equal opportunity provider.