



2019 BANGOR SCHOOL DEPARTMENT ELEMENTARY LUNCH MENU

Choice of chocolate, low fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks Apple Juice Sliced Ham Hash Brown Potato Peaches Turkey & Cheese Sandwich	4 Grilled Cheese Tomato Soup Carrots with Dip Apple Slices Ham & Cheese Sandwich	5 Chicken Nuggets Rice Pilaf/Broccoli Breadstick Applesauce Turkey & Cheese Sandwich	6 Turkey and Cheese on a Bun Vegetarian Beans Celery and Dip Pears Ham & Cheese Sandwich	7 Pizza Square W.K. Corn Pretzels Fruit Sunbutter & Jelly Sandwich
10 Hot Dog on a Bun Vegetarian Beans Coleslaw Pineapple Turkey & Cheese Sandwich	11 Spaghetti with Meat sauce Dinner Roll Carrots and Dip Peaches Ham & Cheese Sandwich	12 Dip a Taco w/ Meat, Cheese, Lettuce, Tomato & Salsa Rice Pears/Chocolate Cake Turkey & Cheese Sandwich	13 Chicken Patty on a Bun Tortilla Chips w/Salsa Broccoli Mandarin Oranges Ham & Cheese Sandwich	14 Italian Dunkers Breadsticks w/ Topped Cheese & Spaghetti Sauce Dip) W.K. Corn/Fresh Fruit Sunbutter & Jelly Sandwich
17 Cheeseburger Oven Baked Puffs Corn Peaches	Fruit Street Field Day 18 Hot Sandwich Seasoned Pasta Carrots with Dip Fruit Cocktail	19 Tuna on a Bun Oven Baked Wedges Broccoli Fruit	20 Cold Sandwich Veggies Fruit Fruit Bar	

Substitutes for school kitchens are needed to work for the 2019-20 school year. Any parent looking for part-time work this fall should contact the Superintendent's Office in August to request an application. Please call 992-4152. Substituting is an "on call" position with work hours generally between the hours of 9:00 a.m. and 1:30 p.m.

During the last two weeks of school all meals need to be paid in advance.

Lunch Prices: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. Online payment is available at myschoolbucks.com

