



JANUARY '18

BANGOR SCHOOL DEPARTMENT ELEMENTARY LUNCH MENU

Choice of low fat, chocolate, or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NEW YEAR'S DAY 1	Chicken Patty on a Bun Broccoli Oven Baked Wedges Pineapple 2	Hot Dog on a Bun Macaroni and Cheese Vegetarian Beans Pears 3	Cereal & Yogurt Celery w/Sun butter Animal Crackers Banana 4	Cheese Pizza Square Whole Kernel Corn Pretzels Fresh Fruit 5
Cheeseburger on Bun Vegetarian Beans Green Beans Fruit Cocktail 8	Spaghetti with Meat sauce Wheat Breadstick Broccoli Peaches 9	Chicken Nuggets w/BBQ sauce Rice Pilaf/Peas Dinner Roll Applesauce 10	Grilled Cheese Sandwich Carrots w/Dip Tomato Soup Apple crisp w/Topping 11	Italian Dunkers w/Dipping Sauce Whole Kernel Corn Fresh Fruit 12
NO SCHOOL MARTIN LUTHER KING DAY 15	Corndog Carrots w/Dip Vegetarian Beans Pears 16	Chicken Patty on a Bun Broccoli Oven Baked Wedges Peaches 17	Cereal & Yogurt Celery w/Sun butter Animal Crackers Banana 18	Cheese Pizza Square Whole Kernel Corn Tortilla Rounds w/Salsa Fresh Fruit 19
French Toast Sliced Ham Hash Brown Apple Juice/Pears 22	Grilled Cheese Sandwich Tomato Soup Carrots w/ Dip Apple crisp w/Topping 23	Dip-a-Taco w/Meat sauce Cheese, Lettuce & Tomatoes Spanish Rice Fruit Cocktail 24	Deli Ham & Cheese on a Bun Vegetarian Beans Celery w/Dip/Peaches Chocolate Cake w/Sprinkles 25	Cheese Pizza Square Broccoli Pretzels Fresh Fruit 26
Pancakes Sliced Ham/Hash Brown Apple Juice Peaches 29	Chicken Nuggets Whole Wheat Breadstick Seasoned WG Pasta Broccoli/Applesauce 30	Spaghetti w/Meat sauce Whole Wheat Roll Green Beans Pineapple 31	Hot Dog on a Roll Vegetarian Beans Carrots with Dip Pears 1	Cheese Pizza Square Whole Kernel Corn Pretzels Fresh Fruit 2
