



# JANUARY '19

# BANGOR SCHOOL DEPARTMENT ELEMENTARY LUNCH MENU

Choice of low fat, chocolate, or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b>	<b>NEW YEAR'S DAY</b>	<b>2</b>	<b>3</b>	<b>4</b>
		Chicken Patty on a Bun Broccoli Vegetarian Beans Pineapple	Hot Dog on a Bun Macaroni and Cheese Carrots & Dip Pears	Cheese Pizza Square Whole Kernel Corn Pretzels Fresh Fruit
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Cheeseburger on Bun Vegetarian Beans Green Beans Fruit Cocktail	Spaghetti with Meat sauce Wheat Breadstick Broccoli Peaches	Chicken Nuggets w/BBQ sauce Rice Pilaf/Peas Dinner Roll Applesauce	Grilled Cheese Sandwich Carrots w/Dip Tomato Soup Apple crisp w/Topping	Italian Dunkers w/Dipping Sauce Whole Kernel Corn Fresh Fruit
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Corndog Carrots w/Dip Vegetarian Beans Pears	Chicken Nuggets Rice Pilaf/Peas Dinner Roll Applesauce	Chicken Patty on a Bun Broccoli Oven Baked Wedges Peaches	Cereal & Yogurt Celery w/Sun butter Animal Crackers Banana	Ravioli Whole Kernel Corn Breadstick Fresh Fruit
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>NO SCHOOL MARTIN LUTHER KING DAY</b>	Cheeseburger Oven Baked Fries Carrots w/ Dip Sliced Apples	Dip-a-Taco w/Meat sauce Cheese, Lettuce & Tomatoes Spanish Rice Fruit Cocktail	Deli Ham & Cheese on a Bun Vegetarian Beans Celery w/Dip/Peaches Chocolate Cake w/Sprinkles	Chicken Drumstick Broccoli Pretzel Stick Fresh Fruit
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
French Toast Sticks Sliced Ham Hash Brown Apple Juice/Pears	Chicken Nuggets Whole Wheat Breadstick Seasoned WG Pasta Broccoli/Applesauce	Spaghetti w/Meat sauce Whole Wheat Roll Green Beans Pineapple	Hot Dog on a Roll Vegetarian Beans Carrots with Dip Pears	Cheese Pizza Square Whole Kernel Corn Pretzels Fresh Fruit

Lunch Prices are: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. Online payment is available at [myschoolbucks.com](http://myschoolbucks.com)

This institution is an equal opportunity employer.

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