

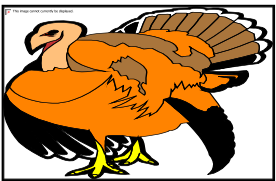
November

BANGOR SCHOOL DEPT

ELEMENTARY LUNCH MENU

Choice of low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Hot Dog on a Roll Vegetarian Beans Carrots and Dip Manadarin Oranges	7 Deli Ham & Cheese on a Bun Potato Wedges Broccoli Fruit Cocktail	8 Cereal and Yogurt Cup Celery with Sun butter Dip Banana Animal Crackers	DE to serve Oct 15 9 Dip-a-Taco w/Meat Sauce Lettuce, Cheese & Tomatoes WG Rice/Corn Pineapple	10 Veteran's Day
13 French Toast Sticks Apple Juice Sliced Ham/Hash Brown Fruit Choices	14 Cheeseburger on a Bun Celery with Dip Vegetarian Beans Mandarin Oranges	DE to serve Oct 9 15 Chicken Nuggets Dinner Roll WG Rice/Broccoli Applesauce	16 Turkey Roast Whipped Pot/Squash Stuffing/Cranberry Sauce Wheat Roll/Fruit Mix	17 Pizza Square W. K. Corn Pretzels Fresh Fruit
20 Chicken Patty on a Bun Oven Baked Fries Broccoli Fruit Choices	21 Parent Conferences	22 Thanksgiving Break	 23	24 Thanksgiving Break
27 Mini Pancakes Apple Juice Sliced Ham Hash Brown/Fruit	28 Cereal and Yogurt Cup Celery with Sun butter Dip Banana Animal Crackers	29 Chicken Patty on a Bun Seasoned Pasta Broccoli Peaches	30 Corn Dog Carrots and Dip Vegetarian Beans Raisins/Chocolate Cake	1 Italian Dunkers (Breadsticks w/ Cheese and Spaghetti Sauce) Corn/Fresh Fruit

Lunch Prices are: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45.

