



# 2019 BANGOR SCHOOL DEPARTMENT K-8 BREAKFAST MENU

Choice of chocolate, low fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cereal w/Milk or Assorted Muffins Apple Juice Fruit	<b>4</b> Cereal w/Milk or Mini Cinnis Apple Juice Fruit	<b>5</b> Cereal w/Milk or Mini Pancakes Apple Juice Fruit	<b>6</b> Cereal w/Milk or Mini Bagels Apple Juice Fruit	<b>7</b> Cereal w/Milk or Assorted Muffins Apple Juice Fruit
<b>10</b> Cereal w/Milk or Assorted Muffins Apple Juice Fruit	<b>11</b> Cereal w/Milk or Mini Cinnis Apple Juice Fruit	<b>12</b> Cereal w/Milk or Mini Pancakes Apple Juice Fruit	<b>13</b> Cereal w/Milk or Mini Bagels Apple Juice Fruit	<b>14</b> Cereal w/Milk or Assorted Muffins Apple Juice Fruit
<b>17</b> Cereal w/Milk or Assorted Muffins Apple Juice Fruit	<b>18</b> Cereal w/Milk or Mini Cinnis Apple Juice Fruit	<b>19</b> Cereal w/Milk or Choices Apple Juice Fruit	<b>20</b> Cereal w/Milk or Choices Apple Juice Fruit	

Substitutes for school kitchens are needed to work for the 2019-20 school year. Any parent looking for part-time work this fall should contact the Superintendent's Office in August to request an application. Please call 992-4152. Substituting is an "on call" position with work hours generally between the hours of 9:00 a.m. and 1:30 p.m.

During the last two weeks of school all meals need to be paid in advance.

Lunch Prices: K-5 \$2.40, 6-8 \$2.65, 9-12 \$2.80. Breakfast is \$1.45. Online payment is available at [myschoolbucks.com](http://myschoolbucks.com)

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