



2018 BANGOR SCHOOL DEPARTMENT K-8 BREAKFAST MENU

Choice of chocolate, low fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Cereal w/Milk or Assorted Muffins Apple Juice Fruit	5 Cereal w/Milk or Mini Cinnis Apple Juice Fruit	6 Cereal w/Milk or Mini Pancakes Apple Juice Fruit	7 Cereal w/Milk or Mini Bagels Apple Juice Fruit	8 Cereal w/Milk or Assorted Muffins Apple Juice Fruit
11 Cereal w/Milk or Assorted Muffins Apple Juice Fruit	12 Cereal w/Milk or Mini Cinnis Apple Juice Fruit	13 Cereal w/Milk or Mini Pancakes Apple Juice Fruit	14 Cereal w/Milk or Mini Bagels Apple Juice Fruit	15 Cereal w/Milk or Assorted Muffins Apple Juice Fruit
18 Cereal w/Milk or Assorted Muffins Apple Juice Fruit	19 Cereal w/Milk or Mini Cinnis Apple Juice Fruit	20 Cereal w/Milk or Mini Pancakes Apple Juice Fruit		

Substitutes for school kitchens are needed to work for the 2018-19 school year. Any parent looking for part-time work this fall should contact the Superintendent's Office in August to request an application. Please call 992-4152. Substituting is an "on call" position with work hours generally between the hours of 9:00 a.m. and 1:30 p.m.

During the last two weeks of school all meals need to be paid in advance.

