

September '19

BANGOR SCHOOL DEPT.

WS COHEN LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| 2 Labor Day | 3 Hot Dog on a Bun Vegetarian Beans Broccoli w/Dip Fruit Cocktail | 4 Chicken Nuggets Rice Pilaf Cooked Carrots Breadstick Applesauce | 5 Cheeseburger Oven Baked Fries Sliced Cucumbers Peaches | 6 Ravioli Whole Kernel Corn Dinner Roll Fresh Fruit |
| 9 Egg, Cheese & Ham on English Muffin Hash Brown Fruit | 10 Spaghetti with Meatsauce Seasoned Chick Peas School-made Roll Fruit Cocktail | 11 Cereal and Yogurt Cup Carrots w/Sunbutter Dip Bananas Animal Crackers | 12 Popcorn Chicken Breadstick Broccoli Applesauce | 13 Pizza Square Green Beans Pretzels Fresh Fruit |
| 16 Chicken Patty Seasoned Pasta Broccoli Pears | 17 Hot Dog on a Bun Carrot Sticks w/Dip Vegetarian Beans Pineapple | 18 Maine Harvest Day* Shredded Steak Sandwich Sliced Cucumbers Smashed Potatoes Maine Apples | 19 Deli Turkey & Cheese on a Bun Lettuce and Tomato Peaches Chocolate Cake w/Sprinkles | 20 Italian Dunkers (Breadsticks w/ Cheese and Spaghetti Sauce) Corn Fresh Fruit |
| 23 Egg, Cheese & Ham on English Muffin Hash Brown Fruit | 24 Fish Sticks Rice Pilaf Broccoli Breadstick Applesauce | 25 Cheeseburger Vegetarian Beans Lettuce and Tomato Slice Fruit Cocktail | 26 Chicken Drumstick Cheese Breadstick Carrots & Dip Pears | 27 Meatball Sub Whole Kernel Corn Pretzels Fresh Fruit |

BREAKFAST* PROGRAM

BREAKFAST PRICES:

DAILY

Full Price:

1.50

Reduced Price:

no charge

All students are eligible and encouraged to participate at breakfast.

LUNCH PROGRAM

LUNCH PRICES:

DAILY

Full Price:

Grades K-5

\$2.50

Grades 6-8

\$2.75

Grades 9-12

\$2.90

Reduced Price:

Grades K-12

no charge

\$20 fee may be charged for any returned check!

MONDAY IS

LUNCH MONEY COLLECTION DAY!

A LA CARTE MILK

MILK ONLY PRICES:

DAILY

White Milk(lowfat or skim)

.65

Chocolate & Straw Milk

.65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

See back---