

# September '19

BANGOR SCHOOL DEPT.

## JF DOUGHTY LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>Labor Day</b>	3 Hot Dog on a Bun Vegetarian Beans Broccoli w/Dip Fruit Cocktail	4 Chicken Nuggets Rice Pilaf Cooked Carrots Breadstick Applesauce	5 Cheeseburger Oven Baked Fries Sliced Cucumbers Peaches	6 Ravioli Whole Kernel Corn Dinner Roll Fresh Fruit
9 Egg, Cheese & Ham on English Muffin Hash Brown Fruit	10 Spaghetti with Meatsauce Seasoned Chick Peas School-made Roll Fruit Cocktail	11 Cereal and Yogurt Cup Carrots w/Sunbutter Dip Bananas Animal Crackers	12 Popcorn Chicken Breadstick Broccoli Applesauce	13 Pizza Square Green Beans Pretzels Fresh Fruit
16 Chicken Patty Seasoned Pasta Broccoli Pears	17 Hot Dog on a Bun Carrot Sticks w/Dip Vegetarian Beans Pineapple	18 <b>Maine Harvest Day*</b> Shredded Steak Sandwich Sliced Cucumbers Smashed Potatoes Maine Apples	19 Deli Turkey & Cheese on a Bun Lettuce and Tomato Peaches Chocolate Cake w/Sprinkles	20 Italian Dunkers (Breadsticks w/ Cheese and Spaghetti Sauce) Corn Fresh Fruit
23 Egg, Cheese & Ham on English Muffin Hash Brown Fruit	24 Chicken Nuggets Rice Pilaf Broccoli Breadstick Applesauce	25 Cheeseburger Vegetarian Beans Lettuce and Tomato Slice Fruit Cocktail	26 Chicken Drumstick Cheese Breadstick Carrots & Dip Pears	27 Meatball Sub Whole Kernel Corn Pretzels Fresh Fruit

**BREAKFAST\* PROGRAM**

**BREAKFAST PRICES:**

**DAILY**

Full Price:

1.50

Reduced Price:

no charge

All students are eligible and encouraged to participate at breakfast.

**LUNCH PROGRAM**

**LUNCH PRICES:**

**DAILY**

Full Price:

Grades K-5

\$2.50

Grades 6-8

\$2.75

Grades 9-12

\$2.90

Reduced Price:

Grades K-12

no charge

**\$20 fee may be charged for any returned check!**

**MONDAY IS**

**LUNCH MONEY COLLECTION DAY!**

**A LA CARTE MILK**

**MILK ONLY PRICES:**

**DAILY**

White Milk(lowfat or skim)

.65

Chocolate & Straw Milk

.65

**ALL STUDENTS** who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

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