

September '19

BANGOR SCHOOL DEPT.

ELEMENTARY LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Hot Dog on a Bun Vegetarian Beans Broccoli w/Dip Fruit Cocktail	4 Chicken Nuggets Rice Pilaf Cooked Carrots Breadstick/Applesauce	5 Cheeseburger Oven Baked Fries Sliced Cucumbers Peaches	6 Ravioli Whole Kernel Corn Dinner Roll Fresh Fruit
9 French Toast Sticks Apple Juice Sliced Ham Hash Brown/Fruit Turkey & Cheese Sandwich	10 Spaghetti with Meatsauce Seasoned Chick Peas School-made Roll Fruit Cocktail Ham & Cheese Sandwich	11 Cereal and Yogurt Cup Carrots w/Sunbutter Dip Bananas Animal Crackers Turkey & Cheese Sandwich	12 Popcorn Chicken Breadstick Broccoli Applesauce Ham & Cheese Sandwich	13 Pizza Square Green Beans Pretzels Fresh Fruit Sunbutter & Jelly Sand.
16 Chicken Patty Seasoned Pasta Broccoli Pears Turkey & Cheese Sandwich	17 Hot Dog on a Bun Carrot Sticks w/Dip Vegetarian Beans Pineapple Ham & Cheese Sandwich	18 Maine Harvest Day* Shredded Steak Sandwich Sliced Cucumbers Smashed Potatoes Maine Apples Turkey & Cheese Sandwich	19 Deli Turkey & Cheese on a Bun Lettuce and Tomato Peaches/Choc Cake Ham & Cheese Sandwich	20 Italian Dunkers (Breadsticks w/ Cheese and Spaghetti Sauce) Corn/Fresh Fruit Sunbutter & Jelly Sand.
23 Mini Pancakes Apple Juice Sliced Ham Hash Brown/Fruit Turkey & Cheese Sandwich	24 Chicken Nuggets Rice Pilaf Broccoli Breadstick/Applesauce Ham & Cheese Sandwich	25 Cheeseburger Vegetarian Beans Lettuce and Tomato Slice Fruit Cocktail Turkey & Cheese Sandwich	26 Chicken Drumstick Cheese Breadstick Carrots & Dip Pears Ham & Cheese Sandwich	27 Meatball Sub Whole Kernel Corn Pretzels Fresh Fruit Sunbutter & Jelly Sand.
BREAKFAST* PROGRAM		BREAKFAST PRICES: DAILY		

Full Price: 1.50
Reduced Price: no charge

All students are eligible and encouraged to participate at breakfast.

LUNCH PROGRAM	LUNCH PRICES: DAILY
	Full Price:
	Grades K-5 \$2.50
	Grades 6-8 \$2.75
	Grades 9-12 \$2.90
MONDAY IS LUNCH MONEY COLLECTION DAY!	Reduced Price:
	Grades K-12 no charge

\$20 fee may be charged for any returned check!

A LA CARTE MILK	MILK ONLY PRICES: DAILY
	White Milk(lowfat or skim) .65
	Chocolate & Straw Milk .65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.