

**SUMMER
FOOD
PROGRAM**



Bangor/Brewer Summer Lunch Program

FREE meals and summer fun for community youth!

Join us Monday through Friday starting June 25!

Nutritious and delicious lunches are available for FREE to children 18 and under at the following locations:

Site & Location	Days	Service Hours	Dates of Operation
Bangor Public Library 145 Harlow Street Bangor, ME	Monday - Friday	12-1pm	June 25 - August 31
Brewer Housing Rinfret Drive Brewer, ME	Monday - Friday	12-1pm	June 25 - August 24
Capehart Community Center 161 Davis Road Bangor, ME	Monday - Friday	12-1pm	June 25 - August 31
Fairmount School 58 13th Street Bangor, ME	Monday - Friday	Breakfast: 8:30 - 9am Lunch: 12 - 1pm	July 1 - July 31

Plus!

The Bangor/Brewer lunch sites will also offer enrichment activities including sports, arts and crafts, and more!



Good Shepherd
FOOD BANK OF MAINE



LUNCH MENU

Bangor/Brewer Summer Lunch Program

Day	Menu Description*
Monday	Cheerios with Milk Yogurt Celery with Sunbutter Fresh Fruit
Tuesday	Turkey & Cheese on a Bun Broccoli with Dip Raisins Low Fat Milk
Wednesday	Bologna & Cheese Wrap Celery with Dip Pineapple Low Fat Milk
Thursday	Ham & Cheese on a Bun Carrots with Dip Applesauce Low Fat Milk
Friday	Sunbutter & Jelly Sandwich String Cheese Carrots with Dip Fruit Mix/Low Fat Milk

*Menu subject to change

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