



Southern Penobscot Regional Programs for Children with Exceptionalities

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Professional Development Opportunity

Southern Penobscot Regional Programs for Children with Exceptionalities
in partnerships with
Maine Autism Institute for Education and Research
Present

Building Resiliency in School Aged Children
Featuring
Elyse Pratt-Ronco, Ph.D.

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Elyse Pratt-Ronco has worked for eighteen years with low-income students from the Upward Bound program. She is currently the Assistant Director of Upward Bound at the University of Maine at Farmington. In addition to her work at Upward Bound, she volunteers for the local sexual assault helpline and facilitates grief groups. She also teaches graduate courses on Poverty and Education, and Risk and Resilience. Elyse received her Bachelor's Degree in Elementary Education from UMF. She earned her Master's Degree in Developmental and Educational Psychology from Boston College and her Doctorate in Applied Developmental and Educational Psychology from Boston College. Her research on rural poverty and resilience has been recognized by the American Educational Research Association.

This FREE professional development workshop is sponsored by the Southern Penobscot Regional Program for Children with Exceptionalities in partnership with the Maine Autism Institute for Education and Research. Please call the Office of Pupil Services at 992-4173 or email lpoirier@bangorschools.net to reserve a seat.

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| <p>Monday, October 22, 2018 6:00 – 8:00 p.m.
The Resilient Brain - Overview of how trauma and stress impact the brain, gaining an understanding of Adverse Childhood Experiences (ACES), etc.</p> |
| <p>Monday, October 29, 2018 6:00 – 8:00 p.m.
Educating with Poverty in Mind - Overview of poverty and its impacts and strategies that help mitigate the negative effects of poverty.</p> |
| <p>Monday, November 5, 2018 6:00 – 8:00 p.m.
Hope Is Not an Emotion - Learning about what hope is as a cognitive construct and how it can be "grown" in students/children. Practicing some hope-building skills, etc.</p> |
| <p>Monday, December 3, 2018 6:00 – 8:00 p.m.
Be a Lamp, a Lifeboat, a Ladder - The importance of relationships in building resilience. How to build relationships with students and the role we play in their lives.</p> |
| <p>Monday, December 10, 2018 6:00 – 8:00 p.m.
Breaking down barriers to social mobility, strategies for the classroom and building academic perseverance.</p> |

All sessions will be held at Peakes Auditorium, 885 Broadway, Bangor, Maine

**Participants should commit to attend all five sessions.
Each session builds on previously presented material.**

To register, please email the following information to lpoirier@bangorschools.net

Name: _____ Telephone: _____

School: _____ School District: _____

School Mailing Address: _____

Email Address: _____

Session 1 _____ Session 2 _____ Session 3 _____ Session 4 _____ Session 5 _____