



APRIL '23

BANGOR SCHOOL DEPARTMENT BHS LUNCH MENU

Choice of chocolate, low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Ravioli Broccoli Wheat Roll Mandarin Oranges <i>Bkfst: HoneyBun/Muffins/Cereal</i>	Rodeo Burger Oven Baked Fries Carrots Diced Pears <i>Ham,Egg & Ch Bar/Muffins/Cereal</i>	Big Daddy Pizza Corn Pretzels Applesauce <i>Pancake&Sausage/Muffins/Cereal</i>	Pulled Pork on a Bun Oven Wedges Vegetarian Beans Coleslaw/Fruit Mix <i>Bkfst Pizza/Muffins/Cereal</i>	Egg & Sausage Patty on an English Muffin Hash Brown Juice/Banana <i>Bagel/Muffins/Cereal</i>
10	11	12	13	14
Chicken Tenders Rice Pilaf Broccoli/Roll Applesauce <i>Bkfst: HoneyBun/Muffins/Cereal</i>	Cheeseburger Potato Puffs Carrots/Vegetarian Beans Fruit Cup <i>Ham,Egg & Ch Bar/Muffins/Cereal</i>	Swedish Meatballs Seasoned Pasta/Roll Peas Fruit/Chocolate Cake <i>Pancake&Sausage/Muffins/Cereal</i>	School-made Pizza Corn Pretzel Apple <i>Bkfst Pizza/Muffins/Cereal</i>	Sloppy Joe Oven Baked Wedges Green Beans Fresh Fruit <i>Bagel/Muffins/Cereal</i>
17	18	19	20	21
	APRIL	VACATION		
24	25	26	27	28
Quesadilla Pizza w/Salsa Mixed Vegetables Diced Pears <i>Bkfst: HoneyBun/Muffins/Cereal</i>	Cheeseburger Oven Baked Fries Carrots Fresh Fruit <i>Ham,Egg & Ch Bar/Muffins/Cereal</i>	Chicken Patty on a Bun Potato Puffs Capri Blend Vegetables Fruit Mix <i>Pancake&Sausage/Muffins/Cereal</i>	Chicken Nuggets Italian Dunkers Rice Pilaf/Broccoli/Roll Applesauce <i>Bkfst Pizza/Muffins/Cereal</i>	Taco on a Wrap or with Chips/Refried Beans Corn/Rice/Lett & Tom Fresh Fruit <i>Bagel/Muffins/Cereal</i>

There is no charge for breakfast and lunch this school year.

This institution is an equal opportunity employer.

We have available food service positions. Please visit our website at www.bangorschools.net or contact the Superintendent's Office at 992-4156