



# APRIL '23

## BANGOR SCHOOL DEPARTMENT REGIONAL LUNCH MENU

Choice of chocolate, low-fat or skim milk served with each menu.

Menu subject to change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Ravioli Broccoli Wheat Roll Mandarin Oranges	Rodeo Burger Oven Baked Fries Carrots Diced Pears	Big Daddy Pizza Corn Pretzels Applesauce	Pulled Pork on a Bun Oven Wedges Vegetarian Beans Coleslaw/Fruit Mix	Egg & Sausage Patty on an English Muffin Hash Brown Juice/Banana
10	11	12	13	14
Chicken Tenders Rice Pilaf Broccoli/Roll Applesauce	Cheeseburger Potato Puffs Carrots/Vegetarian Beans Fruit Cup	Swedish Meatballs Seasoned Pasta/Roll Peas Fruit/Chocolate Cake	School-made Pizza Corn Pretzel Apple	Sloppy Joe Oven Baked Wedges Green Beans Fresh Fruit
17	18	19	20	21
	<b>APRIL</b>	<b>VACATION</b>		
24	25	26	27	28
Quesadilla Pizza w/Salsa Mixed Vegetables Diced Pears	Cheeseburger Oven Baked Fries Carrots Fresh Fruit	Chicken Patty on a Bun Potato Puffs Capri Blend Vegetables Fruit Mix	Chicken Nuggets Rice Pilaf/Broccoli Dinner Roll Applesauce	Taco Meat w/Chips Refried Beans/Cheese Corn/Rice/Lett & Tom Fresh Fruit

*There is no charge for breakfast and lunch this school year.*

**This institution is an equal opportunity employer.**

**We have available food service positions. Please visit our website at [www.bangorschools.net](http://www.bangorschools.net) or contact the Superintendent's Office at 992-4156.**