

September '23

BANGOR SCHOOL DEPT.

JF DOUGHTY LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Labor Day	5 Chicken Patty on Bun Vegetarian Beans Carrots Pineapple	6 Pancakes Apple Juice Chicken Sausage Hash Brown/Fruit	7 American Chop Suey Breadstick Broccoli Applesauce	8 Bosco Sticks w/ Dipping Sauce Corn Fresh Fruit
11 Chicken Nuggets Rice Pilaf Celery w/Dip Breadstick/Applesauce	12 Cheeseburger Oven Baked Fries Corn Mandarin Oranges	13 Spaghetti w/ or w/out Meatsauce Dinner Roll Peas/Pears	14 Sweet n Sour Chicken Fluffy Rice Broccoli/Pineapple Fortune Cookie	15 Ham & Cheese on Flatbread Carrot Sticks w/Dip Vegetarian Beans Fresh Fruit/Cookie
18 Pancakes Apple Juice Chicken Sausage Hash Brown/Fruit	19 Chicken Nuggets Rice Pilaf Broccoli Breadstick/Applesauce	20 Maine Harvest Day Maine Hot Dog Sliced Cucumbers Potato Wedges Maine Apples	21 Meatball Sub w/Cheese Veg Beans/Carrots & Dip Oven Baked Fries Pears	22 Stuffed Crust Pizza Tortilla Rounds Corn Fresh Fruit
25 Hot Dog on Roll Vegetarian Beans Carrots and Dip Pineapple	26 Dip a Taco Beef, Cheese, Lettuce & Tom Spanish Rice/Corn Peaches	27 Grilled Cheese Sandwich Tortilla Rounds Celery Sticks w/Dip Apple crisp w/ Topping	28 Chicken Parmesan on a Bun Seasoned Pasta Broccoli Fruit Cocktail	29 Bosco Sticks w/ Dipping Sauce Green Beans Fresh Fruit

BREAKFAST PROGRAM

BREAKFAST PRICES: **DAILY**

There is no charge for breakfast for all students.

LUNCH PROGRAM

LUNCH PRICES: **DAILY**

There is no charge for lunch for all students.

A LA CARTE MILK

MILK ONLY PRICES: **DAILY**

White Milk(lowfat or skim) .65

Chocolate Milk .65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

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