

September '23

BANGOR SCHOOL DEPT.

WS COHEN LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| 4 Labor Day | 5 Chicken Patty on Bun Vegetarian Beans Carrots Pineapple | 6 Pancakes Apple Juice Chicken Sausage Hash Brown/Fruit | 7 American Chop Suey Breadstick Broccoli Applesauce | 8 Italian Dunkers w/ Dipping Sauce Corn Fresh Fruit |
| 11 Chicken Tenders Rice Pilaf Celery w/Dip Breadstick/Applesauce | 12 Ham & Cheese on Flatbread Carrot Sticks w/Dip Vegetarian Beans Mandarin Oranges/Cookie | 13 Spaghetti w/ or w/out Meatsauce Dinner Roll Peas/Pears | 14 Sweet n Sour Chicken Fluffy Rice Broccoli/Pineapple Fortune Cookie | 15 Cheeseburger Oven Baked Fries Corn Fresh Fruit |
| 18 Pancakes Apple Juice Chicken Sausage Hash Brown/Fruit | 19 Chicken Tenders Rice Pilaf Broccoli Breadstick/Applesauce | 20 Maine Harvest Day Maine Hot Dog Sliced Cucumbers Potato Wedges Maine Apples | 21 Meatball Sub w/Cheese Veg Beans/Carrots & Dip Oven Baked Fries Pears | 22 Stuffed Crust Pizza Tortilla Rounds Corn Fresh Fruit |
| 25 Hot Dog on Roll Vegetarian Beans Carrots and Dip Pineapple | 26 Dip a Taco Beef,Cheese, Lettuce & Tom Spanish Rice/Corn Peaches | 27 Grilled Cheese Sandwich Tortilla Rounds Celery Sticks w/Dip Apple crisp w/ Topping | 28 Chicken Patty on Bun Seasoned Pasta Broccoli Fruit Cocktail | 29 Italian Dunkers w/ Dipping Sauce Green Beans Fresh Fruit |

BREAKFAST PROGRAM

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| BREAKFAST PRICES: | DAILY |
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There is no charge for breakfast for all students.

LUNCH PROGRAM

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| LUNCH PRICES: | DAILY |
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There is no charge for lunch for all students.

A LA CARTE MILK

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| MILK ONLY PRICES: | DAILY |
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White Milk(lowfat or skim) .65

Chocolate Milk .65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

See back---

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