

September '23

BANGOR SCHOOL DEPT.

ELEMENTARY LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Labor Day	5 Chicken Patty on Bun Vegetarian Beans Carrots Pineapple	6 Pancakes Apple Juice Sliced Ham Hash Brown/Fruit	7 American Chop Suey Breadstick Broccoli Applesauce	8 Bosco Sticks w/ Dipping Sauce Corn Fresh Fruit
11 Chicken Nuggets Rice Pilaf Celery w/Dip Breadstick/Applesauce	12 Ham & Cheese on Flatbread Carrot Sticks w/Dip Vegetarian Beans Mandarin Oranges/Cookie	13 Spaghetti w/ or w/out Meatsauce Dinner Roll Peas/Pears	14 Sweet n Sour Chicken Fluffy Rice Broccoli/Pineapple Fortune Cookie	15 Cheeseburger Oven Baked Fries Corn Fresh Fruit
18 Pancakes Apple Juice Chicken Sausage Hash Brown/Fruit	19 Chicken Nuggets Rice Pilaf Broccoli Breadstick/Applesauce	20 Maine Harvest Day Maine Hot Dog Sliced Cucumbers Potato Wedges Maine Apples	21 Meatball Sub w/Cheese Veg Beans/Carrots & Dip Oven Baked Fries Pears	22 Stuffed Crust Pizza Tortilla Rounds Corn Fresh Fruit
25 Hot Dog on Roll Vegetarian Beans Carrots and Dip Pineapple	26 Dip a Taco Beef,Cheese, Lettuce & Tom Spanish Rice/Corn Peaches	27 Grilled Cheese Sandwich Tortilla Rounds Celery Sticks w/Dip Apples w/ lopping	28 Chicken Parmesan on a Bun Seasoned Pasta Broccoli FRUIT COCKTAIL	29 Bosco Sticks w/ Dipping Sauce Green Beans Fresh Fruit

BREAKFAST PROGRAM

BREAKFAST PRICES:	DAILY
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There is no charge for breakfast for all students.

LUNCH PROGRAM

LUNCH PRICES:	DAILY
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There is no charge for lunch for all students.

A LA CARTE MILK

MILK ONLY PRICES:	DAILY
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White Milk(lowfat or skim) .65

Chocolate Milk .65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

See back---

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