

September '23

BANGOR SCHOOL DEPT.

REGIONAL LUNCH MENU

Milk choices served with each menu: SKIM, 1% or CHOCOLATE

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Labor Day	5 Big Daddy Pizza Corn Pretzels Apple	6 Cheeseburger Oven Baked Fries Carrots Fruit	7 Chicken Nuggets Rice Pilaf/Broccoli Dinner Roll Applesauce	8 Fish Stick/Hot Dogs Mac & Cheese Coleslaw Fruit
11 Meatball Sub Seasoned Pasta Carrots Peaches	12 Quesadilla Pizza Salsa Corn Apple	13 Chicken Patty on a Bun Oven Wedges Broccoli Pears	14 Taco Chips w/Beef Cheddar, Lettuce & Tomato Rice/Refried Beans Fruit	15 Ribeque Potato Puffs Green Beans Fruit/Choc Chip Cookie
18 Chicken Tenders Rice Pilaf Dinner Roll/Broccoli Applesauce	19 Cheeseburger Oven Baked Fries Carrots Pineapple	20 Hot Dog on a Bun Cucumber Sticks Potato Wedges Fruit	21 Big Daddy Pizza Corn Pretzel Apple	22 Turkey & Bacon on Flatbread/Let & Tomato Tortilla w/Salsa Peaches
25 Chicken Parmesan Pasta Peas Peaches	26 Rodeoburger Oven Baked Wedges Carrots Pineapple	27 Corndogs Oven Baked Fries Vegetarian Beans Green Beans/Fruit	28 Chicken Nuggets Dinner Roll Rice/Broccoli Applesauce	29 Egg,Sausage on a Biscuit Hash Brown Apple Juice Banana

BREAKFAST PROGRAM

BREAKFAST PRICES: DAILY

There is no charge for breakfast for all students.

LUNCH PROGRAM

LUNCH PRICES: DAILY

There is no charge for lunch for all students.

A LA CARTE MILK

MILK ONLY PRICES: DAILY

White Milk(lowfat or skim) .65
Chocolate Milk .65

ALL STUDENTS who bring a "bag lunch" from home must pay for any milk to accompany their lunch.

This institution is an equal opportunity provider.

See back---